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**The Midnight Library** Feb 20 2020 The #1 New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year "A feel-good book guaranteed to lift your spirits."—The Washington Post The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of How To Stop Time and The Comfort Book. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In *The Midnight Library*, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

**The Therapeutic "Aha!": 10 Strategies for Getting Your Clients Unstuck** Jun 18 2022 A concise guide to shaking things up in therapy. Courtney Armstrong's *The Therapeutic "Aha!"* explores the thrilling and rare moment when a client reaches an elusive realization, allowing them to make meaningful change. In 10 straightforward strategies, this practical book demonstrates how to shake things up in therapy when a client is stuck or stalled to jumpstart progress. Readers will learn how to spark the "emotional brain"—the part of the brain that houses automatic, unconscious patterns—and create new neural pathways that engage and advance the healing process. Divided into three parts—(1) Awakening a Session, (2) Healing Emotional Wounds, and (3) Activating Experiential Change—the book walks readers through specific techniques for harnessing the emotional brain and re-patterning its routine. Elegant therapeutic insights and coping strategies only go so far; until we intervene with something our emotional brain can understand—a compelling felt experience—old, established neural patterns will persist. The brain-based strategies Armstrong presents include how to enliven the therapeutic alliance; elicit exciting goals; identify the root of an emotional conflict; reverse trauma with memory reconsolidation; invoke inspirational imagery; and use stories, humor, music, poetry, and even mindfulness to induce change. Concise, reader-friendly, and filled with helpful case stories and client–therapist dialogue, this wonderfully accessible book puts a new spin on neuroscience knowledge, showing clinicians exactly how it can be used to make those once-elusive therapeutic breakthroughs more frequent, leading to greater healing for your patients.

**My Aha Moments: Sharing the Journey** Feb 14 2022 The author learned to mine opportunities in the "aha" moments in the challenges of life. She awakes to the suffering of others, and competing "pulls" of Eastern and Western cultures. Readers will gasp at the courage of a teenager and smile at her reaction and strategy when a weary little boy lead her through a Katmandu village on a donkey.

**Ethical Imperialism** Oct 30 2020 This short, smart analysis will engage scholars across academia.

**It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids** Aug 28 2020 Parenting can be such an overwhelming job that it's easy to lose track of where you stand on some of the more controversial subjects at the playground (What if my kid likes to rough house—isn't this ok as long as no one gets hurt? And what if my kid just doesn't feel like sharing?). In this inspiring and enlightening book, Heather Shumaker describes her quest to nail down "the rules" to raising smart, sensitive, and self-sufficient kids. Drawing on her own experiences as the mother of two small children, as well as on the work of child psychologists, pediatricians, educators and so on, in this book Shumaker gets to the heart of the matter on a host of important questions. Hint: many of the rules aren't what you think they are! The "rules" in this book focus on the toddler and preschool years—an important time for laying the foundation for competent and compassionate older kids and then adults. Here are a few of the rules: • It's OK if it's not hurting people or property • Bombs, guns and bad guys allowed. • Boys can wear tutus. • Pictures don't have to be pretty. • Paint off the paper! • Sex ed starts in preschool • Kids don't have to say "Sorry." • Love your kid's lies. IT'S OK NOT TO SHARE is an essential resource for any parent hoping to avoid PLAYDATEGATE (i.e. your child's behavior in a social interaction with another child clearly doesn't meet with another parent's approval!)

**The Path Made Clear** Aug 08 2021 Everyone has a purpose. And, according to Oprah Winfrey, "Your real job in life is to figure out as soon as possible what that is, who you are meant to be, and begin to honor your calling in the best way possible." That journey starts right here. In her latest book, *The Path Made Clear*, Oprah shares what she sees as a guide for activating your deepest vision of yourself, offering the framework for creating not just a life of success, but one of significance. The book's ten chapters are organized to help you recognize the important milestones along the road to self-discovery, laying out what you really need in order to achieve personal contentment, and what life's detours are there to teach us. Oprah opens each chapter by sharing her own key lessons and the personal stories that helped set the course for her best life. She then brings together wisdom and insights from luminaries in a wide array of fields, inspiring readers to consider what they're meant to do in the world and how to pursue it with passion and focus. Renowned figures such as Eckhart Tolle, Brene Brown, Lin-Manuel Miranda, Elizabeth Gilbert, Jay-Z, and Ellen DeGeneres share the greatest lessons from their own journeys toward a life filled with purpose. Paired with over 100 awe-inspiring photographs to help illuminate the wisdom of these messages, *The Path Made Clear* provides readers with a beautiful resource for achieving a life lived in service of your calling – whatever it may be.

**Under-resourced Learners** Jan 21 2020 Presents a guide to improve student achievements, focusing on eight key concepts, which includes building mutual respect, teaching appropriate behaviors and procedures, using a six step process to keep track of student learning, and more.

**Aha!** Oct 10 2021 "Aha! is a joyful, upbeat survey of ideas for enhancing creativity. Jordan Ayan's enthusiasm is hard to resist, and every reader will find personally suitable strategies. Aha! is an inspiring yet practical guidebook for freeing the creative spirit." --Betty Edwards, author of *Drawing on the Right Side of the Brain* "A delightful romp through the rich and complicated field of creativity. Ayan's Aha! is bound to make the reader's thinking more interesting and original." --Mihaly Csikszentmihalyi, ph.d., author of *Flow: the Psychology of Optimal Experience* "The future belongs to those who create it. Jordan Ayan's exceptional book will show you how to create yours by providing the keys to unlock your great ideas." --Daniel Burrus, author of *Technotrends* and a leading technology forecaster Behind every successful venture, there's a great idea. If you haven't found your great idea yet, or if you've always thought you "just weren't the creative type," Jordan Ayan's accessible and entertaining book will give you the confidence to listen to your own creative spirit and to find the breakthrough you've been waiting for. Based on the notion that creativity is a life skill that must be continually cultivated, Ayan offers ten strategies for finding and harnessing inspiration--wherever and whenever it occurs. His mini workshops will show you how travel, reading, the arts, new technology, journaling, and more can form the basic building blocks of a more creative and rewarding life.

**The Art of Insight** Sep 21 2022 Offers a pragmatic approach to generating fresh thoughts and perspectives and guides readers with user-friendly practices and exercises to cultivate a mindset where insight comes readily.

**The Science of Stuck** Jun 06 2021 A research-based tool kit for moving past what's holding you back—in life, in love, and in work. We all experience stuckness in our lives. We feel stuck in our relationships, career paths, body struggles, addiction issues, and more. Many of us know what we need to do to move forward—but find ourselves unable to take the leap to make it happen. And then we blame and shame ourselves, and stay in a loop of self-doubt that goes nowhere. The good news is you're not lazy, crazy, or unmotivated. In this empowering and action-oriented guide, you'll discover why we can't think our way forward—and how to break through what's holding us back. Using an eclectic approach and a customizable plan that's as direct or as deep as you want, this life-changing guide empowers you to: break old habits and patterns gain perspective on pain and trauma from the past free yourself from the torturous "why" questions take control of your choices to create the life you want Bringing together research-backed solutions that range from shadow work to reparenting, embodied healing, and other clinical practices, along with empowering personal stories, this book is a hands-on road map for moving forward with purpose, confidence, and the freedom to become who you're truly meant to be.

**The Big Aha** Feb 02 2021 An artist in a wild biotech future confronts aliens from another dimension—and finds a new way to get high—in this rollicking, psychedelic SF novel from Rudy Rucker. Biotechnology has replaced machines, and genetic modification is commonplace. At the forefront of this revolutionary change is artist Zad Plant, who works with living paint, lives in a talking home grown from plants, gets around on a giant roadspider, and has a sentient rat—complete with Kentucky accent—as a sidekick. Unfortunately for Zad, his career's on the skids, and his wife Jane has thrown him out. Enter qwet—quantum wetware—that changes Zad, making him cosmically high and giving him telepathy, and soon enough, a psychedelic revolution begins. Yet when mouths begin appearing in midair, eating people, Zad and Jane must travel through a wormhole to learn how to save their world. . . . *Night Shade Books'* ten-volume series with Rudy Rucker collects nine of the brilliantly weird novels for which the mathematician-turned-author is known, as well as a tenth, never-before-published book, *Million Mile Road Trip*. We're proud to collect in one place so much of the work of this influential figure in the early cyberpunk scene, and to share Rucker's fascinating, unique worldview with an entirely new generation of readers.

**Seven Secrets** Jul 27 2020 There would soon be a day when you will do what you meant to do, by knowing our passion and its purpose. Have you found your passion yet? or may be you are wandering aimlessly without developing and kindling the fire with in you. This book will help you with seven secrets ways which can help you discover your inner flair and will introduce you to those demons which were keeping you from being what you were meant to be.

**User Story Mapping** Nov 18 2019 User story mapping is a valuable tool for software development, once you understand why and how to use it. This insightful book examines how this often misunderstood technique can help your team stay focused on users and their needs without getting lost in the enthusiasm for individual product features. Author Jeff Patton shows you how changeable story maps enable your team to hold better conversations about the project throughout the development process. Your team will learn to come away with a shared understanding of what you're attempting to build and why. Get a high-level view of story mapping, with an exercise to learn key concepts quickly Understand how stories really work, and how they come to life in Agile and Lean projects Dive into a story's lifecycle, starting with opportunities and moving deeper into discovery Prepare your stories, pay attention while they're built, and learn from those you convert to working software

**The Aha! Moment** Aug 20 2022 As Jones shows, it can often pay to take an absurd idea seriously.

**Why Learn History (When It's Already on Your Phone)** Mar 03 2021 Let's start with two truths about our era that are so inescapable as to have become clichés: We are surrounded by more readily available information than ever before. And a huge percentage of it is inaccurate. Some of the bad info is well-meaning but ignorant. Some of it is deliberately deceptive. All of it is pernicious. With the internet always at our fingertips, what's a teacher of history to do? Sam Wineburg has answers, beginning with this: We definitely can't stick to the same old read-the-chapter-answer-the-questions-at-the-back-snoozefest we've subjected students to for decades. If we want to educate citizens who can sift through the mass of information around them and separate fact from fake, we have to explicitly work to give them the necessary critical thinking tools. Historical thinking, Wineburg shows us in *Why Learn History (When It's Already on Your Phone)*, has nothing to do with test prep–style ability to memorize facts. Instead, it's an orientation to the world that we can cultivate, one that encourages reasoned skepticism, discourages haste, and counters our tendency to confirm our biases. Wineburg draws on surprising discoveries from an array of research and experiments—including surveys of students, recent attempts to update history curricula, and analyses of how historians, students, and even fact checkers approach online sources—to paint a picture of a dangerously mine-filled landscape, but one that, with care, attention, and awareness, we can all learn to navigate. It's easy to look around at the public consequences of historical ignorance and despair. Wineburg is here to tell us it doesn't have to be that way. The future of the past may rest on our screens. But its fate rests in our hands.

**Getting Ahead in a Just-Gettin'-By World** Jun 25 2020

**Get to Aha!: Discover Your Positioning DNA and Dominate Your Competition** Feb 26 2023 From the marketing strategist who helped Steve Jobs launch the original Apple Macintosh comes a groundbreaking guide to positioning any company for industry dominance Andy Cunningham has been at the forefront of tech and innovation since day one, and she's been helping companies create new product categories ever since. Now she reveals the winning framework she uses to transform markets and industries. *Get to Aha!* shows how to establish the kind of foundation world-class brands are built on. Too many business leaders fail to ask the most basic questions about their company—Who are we? And why do we matter?—before they leap right into branding. Big mistake. A company must first know itself (establish its position) before it can express its identity (execute its branding). There are three types of companies in the world, each with its own DNA: Mothers are customer-oriented, Mechanics are product-oriented, and Missionaries are concept-oriented?and it's absolutely critical for business leaders to know which type their company is to create an authentic and ultimately "sticky" position in the market. A company's DNA is the key to achieving this and with it, a competitive advantage. Why? Because if a Mechanic creates a marketing campaign based on its belief that it is a Missionary, the underlying positioning will not ring true and the company won't gain a foothold in the market. But if a company positions itself in alignment with its DNA, it will resonate authentically and establish its role and relevance even in the face of a major competitor. *Get to Aha!* presents a clear step-by-step framework that will help you determine your company's precise position in the marketing landscape, using Andy's DNA-based methodology. It takes you through the process of performing "genetic testing" on your company, examining the market through the six Cs of positioning, and developing your positioning statement—a rational, factual statement about your company's role and relevance. Then and only then can you create a branding and marketing strategy that will build market momentum and crush the competition. Trust Andy. Steve Jobs did.

**Create Aha! Moments** May 17 2022 This book was created to support you in your quest for knowledge and success. Think of it like an owner's manual for making the best use of your brain. It answers the essential question: "As a student, how can I learn more and remember longer?" Read this book if you want to improve your learning skills. The more you learn, the more you grow. Apply what is in this book and you can master each lesson in school and in life. Choose your goal, make a plan with a timeline, work your plan, and success will follow. This book is intentionally designed to increase your knowledge, skills, and self-confidence. We provide insights into what your teacher is thinking as she prepares a lesson or assignment to help you learn. These insights ensure that you target the most important information first. This is a key. Learn what is most important first and the rest will follow. Throughout this book, we share stories to illustrate main points and inspire you to take charge of your own learning. As you become an intentional learner, you will create your own vision and exercise your freedom to learn and grow. The ideas in this book are valuable for learners of all ages. Make use of the ideas that help you the most. You can contact us with questions and suggestions using the contact us form in the createahamoments.com website.

**State of the Heart** Jul 07 2021 In *State of the Heart*, Dr. Haider Warraich takes readers inside the ER, inside patients' rooms, and inside the history and science of cardiac disease. *State of the Heart* traces the entire arc of the heart, from the very first time it was depicted on stone tablets, to a future in which it may very well become redundant. While heart disease has been around for a while, the type of heart disease people have, why they have it, and how it's treated is changing. Yet, the golden age of heart science is only just beginning. And with treatments of heart disease altering the very definitions of human life and death, there is no better time to look at the present and future of heart disease, the doctors and nurses who treat it, the patients and caregivers who live with it, and the stories they hold close to their chests. More

people die of heart disease than any other disease in the world and when any form of heart disease progresses, it can result in the development of heart failure. Heart failure affects millions and can affect anyone at anytime, a child recovering from a viral infection, a woman who has just given birth or a cancer patient receiving chemotherapy. Yet new technology to treat heart failure is fundamentally changing just what it means to be human. Mechanical pumps can be surgically sown into patients' hearts and when patients with these pumps get really sick, sometimes they don't need a doctor or a surgeon—they need a mechanic. In *State of the Heart*, the journey to rid the world of heart disease is shown to be reflective of the journey of medical science at large. We are learning not only that women have as much heart disease as men, but that the type of heart disease women experience is diametrically different from that in men. We are learning that heart disease and cancer may have more in common than we could have imagined. And we are learning how human evolution itself may have led to the epidemic of heart disease. In understanding how our knowledge of the heart evolved, *State of the Heart* traces the twisting and turning road that science has taken—filled with potholes and blind turns—all the way back to its very origin.

**Aha! Discover Your Purpose and Walk in Your Calling** Dec 12 2021 Practical Biblically-based tips to discovering your life's purpose

**Breakthrough** Oct 18 2019 Discover Your Next Breakthrough Idea Every company starts with one idea—that one passion that keeps you up at night, gets you up every morning, and drives you to create something bigger than yourself. Turning an idea into a thriving business requires more than just passion. You'll need to think big, take risks, and be able to step back and recognize game-changing ideas that may already be in front of you. Those are your aha! moments. Business growth expert and serial entrepreneur Scott Duffy shares his journey and the aha! moments that led to launching and selling new businesses to innovators like Richard Branson's Virgin Group. Duffy also shares the stories of entrepreneurs who have turned their ideas into multi-million-dollar businesses, like Shaun White, Tony Robbins, Daymond John, and Gary Vaynerchuck, to help you: Be a nimble leader who makes quick buy smart decisions Unlock hidden gems in your business with the power of finding your "Why?" Apply growth strategies designed to scale your business in today's economy Build a positive company culture by bringing in the right people Determine which next step is right for your business after launch Create sustainability with efficient, effective processes Learn from your mistakes and turn failures into fortunes

**Peaceful Parent, Happy Kids** Apr 04 2021 A groundbreaking guide to raising responsible, capable, happy kids Based on the latest research on brain development and extensive clinical experience with parents, Dr. Laura Markham's approach is as simple as it is effective. Her message: Fostering emotional connection with your child creates real and lasting change. When you have that vital connection, you don't need to threaten, nag, plead, bribe—or even punish. This remarkable guide will help parents better understand their own emotions—and get them in check—so they can parent with healthy limits, empathy, and clear communication to raise a self-disciplined child. Step-by-step examples give solutions and kid-tested phrasing for parents of toddlers right through the elementary years. If you're tired of power struggles, tantrums, and searching for the right "consequence," look no further. You're about to discover the practical tools you need to transform your parenting in a positive, proven way.

**AHA** Jan 25 2023 We've all had "aha!" moments in our lives, times when a sudden revelation surprises us with insight. According to pastor and bestselling author Kyle Idleman, we can experience this same kind of "aha!" in our spiritual lives. With everyday examples and trademark testimonies, Idleman draws on Scripture to reveal how three key elements can draw us closer to God and change our lives for good. Awakening to the reality of our true spiritual condition, we see ourselves and our need for a Savior with renewed honesty. This realization leads to action, obeying God's commands and following the example set by Christ. As we see in the transformation of the prodigal son, the result is a life-changing, destiny-altering collision—an AHA moment that leads us home to our loving Father.

**Aha! Aha! Insight** Sep 09 2021 Contains puzzles that first baffle and then delight problem solving addicts. Grew out of a collaboration between Bob Tappay and Martin Gardner to enliven the learning of mathematics.

**Take in the Good** Sep 28 2020 Manage strong emotions and stay positive with this self-care activity journal for teens ages 13 and older. When you feel completely stressed out by your crazy life, it often helps to channel your energy into a project or activity to shift your focus from the negative to the positive. This activity journal contains 50 fun and focused art projects, writing prompts, and exercises to help you find ways to feel more calm, confident, resilient and able to take care of yourself and manage your emotions. This journal will also be an invaluable resource for teachers, guidance counselors, and therapists to use with young people in a group or academic setting.

**Life of Pi** Mar 23 2020 Pi Patel, having spent an idyllic childhood in Pondicherry, India, as the son of a zookeeper, sets off with his family at the age of sixteen to start anew in Canada, but his life takes a marvelous turn when their ship sinks in the Pacific, leaving him adrift on a raft with a 450-pound Bengal tiger for company.

**Why Study History?** Jan 01 2021 Considering studying history at university? Wondering whether a history degree will get you a good job, and what you might earn? Want to know what it's actually like to study history at degree level? This book tells you what you need to know. Studying any subject at degree level is an investment in the future that involves significant cost. Now more than ever, students and their parents need to weigh up the potential benefits of university courses. That's where the Why Study series comes in. This series of books, aimed at students, parents and teachers, explains in practical terms the range and scope of an academic subject at university level and where it can lead in terms of careers or further study. Each book sets out to enthuse the reader about its subject and answer the crucial questions that a college prospectus does not.

**AHA Method Book** Nov 11 2021 The AHA! Method book is for facilitators and teachers who work with youth. This book combines a tested philosophy with hands on ideas and activities. This is a must have practical manual for anyone who wants to have the highest impact working with young people.

**Creativity of an Aha! Moment and Mathematics Education** Nov 30 2020 Creativity of an Aha! Moment and Mathematics Education introduces bisociation, the theory of Aha! moment creativity into Mathematics Education. It establishes relationships between bisociation and constructivist theories of learning laying down the basis for the new theory integrating creativity with learning.

**Destination Aha!** Jan 13 2022 Entrepreneurs can't afford to get stuck! And when they do, they need fast, simple, practical tools to get them out of the quicksand. In his entertaining book, *Destination Aha!*, Drew Gerber takes you from the hot pots of Crestone, Colorado to the not-so-well-marked alleyways of Dubrovnik, Croatia, where he discovers and shares the basic truths about getting yourself un-stuck in both life and business and how to listen to the universe to avoid that 2 by 4 upside the head! Chemical engineer turned PR whiz Drew Gerber knows that sometimes you can't think your way, work your way, or avoid your way out of stuckness. He offers fresh, new perspective to get you out of stuck and on to your next aha! In *Destination Aha!* You'll discover: -That the mind is not such a wonderful thing when it's running around in its own traps and what to do about it. -How to discover your life purpose without tea leaves, agonizing soul searching, or yet another costly seminar (Hint: you might find it in Starbucks). -When new technological bells and whistles are really the answer or when that good ol' additional human resource is a better bet. -The keys to a successful, productive, satisfying business that gives back to you as much as it takes out of you! Grab your copy today to begin a life of ever-expanding aha's!

**Lovability** Mar 15 2022 Love is the surprising emotion that company builders cannot afford to ignore. Genuine, heartfelt devotion and loyalty from customers — yes, love — is what propels a select few companies ahead. Think about the products and companies that you really care about and how they make you feel. You do not merely like those products, you adore them. Consider your own emotions and a key insight is revealed: Love is central to business. Nobody talks about it, but it is obvious in hindsight. *Lovability: How to Build a Business That People Love and Be Happy Doing It* shares what Silicon Valley-based author and Aha! CEO Brian de Haaff knows from a career of founding successful technology companies and creating award-winning products. He reveals the secret to the phenomenal growth of Aha! and the engine that powers lasting customer devotion — a set of principles that he pioneered and named *The Responsive Method*. *Lovability* provides valuable lessons and actionable steps for product and company builders everywhere, including: • Why you should rethink everything you know about building a business • What a product really is • The magic of finding what your customers truly desire • How to turn business strategy and product roadmaps into customer love • Why you should chase company value, not valuation • Surveys to measure your company's lovability Brian de Haaff has spent the last 20 years focused on business strategy, product management, and bringing disruptive technologies to market. And in preparation for writing this book, he interviewed well-known startup founders, product managers, executives, and CEOs at hundreds of name brand and agile organizations. Their experiences, along with headline-grabbing case studies (both inspiring successes and cautionary tales), will help readers discover how to build something that matters. Much has been written about how entrepreneurs build innovative products and successful businesses, but the author's message is original and refreshing. He convincingly explains that there is a better path forward — a people-first way grounded in love. In a business world that has increasingly emphasized hype over substance and get-big-at-any-cost thinking over profitable and sustainable growth, it's time for a new recipe for company success. Insightful, thought-provoking, and sometimes controversial, *Lovability* is the book that you turn to when you know there has to be a better way.

**One of Us Is Lying (TV Series Tie-In Edition)** Dec 20 2019 All the secrets of the Bayview Four will be revealed in the TV series now streaming on Peacock! THE #1 NEW YORK TIMES BESTSELLER • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY ENTERTAINMENT WEEKLY • BUZZFEED • POPCRUSH "Pretty Little Liars meets The Breakfast Club" (*Entertainment Weekly*) in this addictive mystery about what happens when five strangers walk into detention and only four walk out alive. Pay close attention and you might solve this. On Monday afternoon, five students at Bayview High walk into detention. Bronwyn, the brain, is Yale-bound and never breaks a rule. Addy, the beauty, is the picture-perfect homecoming princess. Nate, the criminal, is already on probation for dealing. Cooper, the athlete, is the all-star baseball pitcher. And Simon, the outcast, is the creator of Bayview High's notorious gossip app. Only, Simon never makes it out of that classroom. Before the end of detention Simon's dead. And according to investigators, his death wasn't an accident. On Monday, he died. But on Tuesday, he'd planned to post juicy reveals about all four of his high-profile classmates, which makes all four of them suspects in his murder. Or are they the perfect patsies for a killer who's still on the loose? Everyone has secrets, right? What really matters is how far you would go to protect them. And don't miss the #1 New York Times bestselling sequel, *One of Us is Next!*

**SNAP** Nov 23 2022 Sudden flashes of inspiration have triggered many discoveries and inventions throughout history. Are such aha! moments merely random, or is there a way to train the brain to harness these seemingly unpredictable creative insights? This fascinating overview of the latest neuroscience findings on spontaneous thought processes, or "snaps," describes how everyone—not just geniuses—can learn to improve the likelihood of their own "eureka" moments by adopting certain rewarding attitudes and habits. As the author explains, snaps are much more than new ideas. Snaps are insights plus momentum—they instantly compel or snap us toward action. They often occur after ordinary problem solving hits an impasse. We may feel stuck, but while we're in a quandary, the brain is rebooting. Then, when we least expect it, the solution pops into our heads. She describes the results of numerous scientific experiments studying this phenomenon. She also recounts intriguing stories of people in diverse disciplines who have had a snap experience. Both the research and the stories illustrate that it's possible to enhance our facility for snap moments by training ourselves to scan, sift, and solve. In the emerging economy, businesses and individuals need new strategies, and it's clear that just thinking harder no longer works. People who can snap are often a step ahead: they have a vigilance advantage from exercising brain cells that build mental agility. While snapping is rewarding, fun, and good for improving our mental skills, it's also much more: people who snap life-changing ideas that affect many others will redirect our future. Written in an accessible, jargon-free narrative that weaves together the latest research with illuminating stories of innovative people, this book teaches us how to cultivate our own inner epiphanies to gain an edge in our imaginations, our careers, our goals—indeed, in every aspect of our lives.

**Aha!** Dec 24 2022 "Aha! is a joyful, upbeat survey of ideas for enhancing creativity. Jordan Ayan's enthusiasm is hard to resist, and every reader will find personally suitable strategies. Aha! is an inspiring yet practical guidebook for freeing the creative spirit." --Betty Edwards, author of *Drawing on the Right Side of the Brain* "A delightful romp through the rich and complicated field of creativity. Ayan's Aha! is bound to make the reader's thinking more interesting and original." --Mihaly Csikszentmihalyi, ph.d., author of *Flow: the Psychology of Optimal Experience* "The future belongs to those who create it. Jordan Ayan's exceptional book will show you how to create yours by providing the keys to unlock your great ideas." --Daniel Burrus, author of *Technotrends* and a leading technology forecaster Behind every successful venture, there's a great idea. If you haven't found your great idea yet, or if you've always thought you "just weren't the creative type," Jordan Ayan's accessible and entertaining book will give you the confidence to listen to your own creative spirit and to find the breakthrough you've been waiting for. Based on the notion that creativity is a life skill that must be continually cultivated, Ayan offers ten strategies for finding and harnessing inspiration--wherever and whenever it occurs. His mini workshops will show you how travel, reading, the arts, new technology, journaling, and more can form the basic building blocks of a more creative and rewarding life.

**The Aha! Factor** Apr 16 2022 What if the answers to your prayers are closer than you think? Do you keep asking, but feel your prayers are going unanswered or taking an extremely long time to come to fruition? Can you trust your gut feeling to guide you, when so far you've failed to manifest many of your goals? When Mariana Cooper hit up against the frustrations and heartbreak of dashed dreams, loss of loved ones and the complications that real life brings, she set out on a quest to learn the language in which we actually receive the answers to our desires. What she discovered is the Energetic Communication System that delivers the answers to our prayers — she calls it the Aha! Factor. Now it's time for you to activate your own Aha! Factor - The little-known language of Answered Prayer In this eye-opening book Mariana shares: · How to access your Aha! Factor to receive and interpret the answers to your prayers and intentions · What an Aha! Moment actually is and how to have more of them throughout your day to help you to make decisions that you can believe in. · The list of 101 Signs, Symbols and Synchronicities that show when a message is coming to you and what it means. · How to easily incorporate your Aha! Factor into all aspects of your life, including money, love and other relationships, body, work, handling toxic people and situations and bringing your biggest dreams and goals to fruition much more quickly than you could ever do with logic alone. When you are fully aware of your Aha! Factor and how to use it, you can finally interpret the answers that are always being sent your way — and anything is possible!

**The AHA! Moment** Jul 19 2022 Really, why aren't people more successful? If you've ever had that idea that made you go 'Aha!' or made that proverbial light bulb go off in your head, you've probably had an idea that was a game-changer: the type of idea that makes life better, easier or more enjoyable for all who use it, and makes you rich and successful by implementing it. We all have great ideas at one point in time or another, but few of us have confidence and know-how to follow through with the idea to completion. In each chapter, I lay out the process of preparing yourself to be a game-changer, and show you how to take an idea from concept to its complete manifest form.

**Aha! Solutions** May 25 2020 Every mathematician (beginner, amateur, and professional alike) thrills to find simple, elegant solutions to seemingly difficult problems. Such happy resolutions are called 'aha! solutions,' a phrase popularized by mathematics and science writer Martin Gardner. Aha! solutions are surprising, stunning, and scintillating: they reveal the beauty of mathematics. This collection includes one hundred problems in the areas of arithmetic, geometry, algebra, calculus, probability, number theory, and combinatorics. The problems start out easy and generally get more difficult as you progress through the book. A few solutions require the use of a computer. An important feature of the book is the discussion of related mathematics that follows the solution of each problem. This material is there to entertain and inform you or point you to new questions.

**Aha!** Oct 22 2022 Draws on expertise from psychology, neurology and evolutionary psychology to illuminate the process of spontaneous flashes of human insight, surveying engaging examples from the fields of religion, science, math and art.

**Identity Theft** Apr 23 2020 An inspirational story for anyone struggling with their sense of self following injury, Debra Meyerson's emotionally powerful journey of rebuilding and redefining her identity after suffering a debilitating stroke seeks to let survivors know that they're not alone.

**Breakthrough** May 05 2021 Discover Your Next Breakthrough Idea Every company starts with one idea--that one passion that keeps you up at night, gets you up every morning, and drives you to create something bigger than yourself. Turning an idea into a thriving business requires more than just passion. You'll need to think big, take risks, and be able to step back and recognize game-changing ideas that may already be in front of you. Those are your aha! moments. Business growth expert and serial entrepreneur Scott Duffy shares his journey and the aha! moments that led to launching and selling new businesses to

innovators like Richard Branson's Virgin Group. Duffy also shares the stories of entrepreneurs who have turned their ideas into multi-million-dollar businesses, like Shaun White, Tony Robbins, Daymond John, and Gary Vaynerchuck, to help you: Be a nimble leader who makes quick buy smart decisions Unlock hidden gems in your business with the power of finding your "Why?" Apply growth strategies designed to scale your business in today's economy Build a positive company culture by bringing in the right people Determine which next step is right for your business after launch Create sustainability with efficient, effective processes Learn from your mistakes and turn failures into fortunes

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